



**ISPAN'S Customized  
PSYCHOLOGICAL EVALUATION REPORT**

**Name: Samith Deepak**  
**Age: 10 years**  
**Sports: Badminton**  
**Level of sports: Intermediate**  
**Coach: Mahesh**  
**Academy: PBA**

**PSYCHOLOGICAL EVALUATION**

	<b>Low</b>	<b>Moderate</b>	<b>High</b>
<u>Cognitive ability assessment</u>			
Forgetfulness		✓	
Distractibility		✓	
False Triggering		✓	
<u>Competitive Behavior questionnaire</u>	✓		
<u>Sport competition anxiety test</u>			✓

**Recommendation:**

- Self-Compassion Training
- Personality development
- Integrated Mental and Physical Training:
  - Combining psychological strategies with physical training to create a holistic approach.