

PHYSICAL THERAPY ASSESSMENT

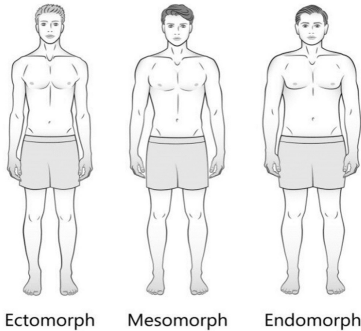
Name: Parimala

Date: 22/02/2024

Age: 74 Y/F

Exerciser/Non exerciser: Non exerciser

On observation:



- Body type : Endomorph
- Posture: Normal
- Joint alignment: Normal
- Limb length: Normal

Chief Complaints:

- Left side hemiparesis,
- Recurrent CVA

Past history:

- Hemiparesis (5 year back)

On assessment:

- Attitude of limb: Normal
- Posture: Normal
- Gait: waddling
- Oedema: no
- Deformity: Normal

ON palpation:

- Warmth: normal
- Tenderness: normal
- swelling: normal

ON EXAMINATION:

MRC GRADE

- **GRADE:4**

Active movement against gravity and resistance

Treatment:

- Active range of motion exercise
- Passive range of motion exercise



- Strengthen exercise
- Walking with support
- Balance and coordination exercise

23/02/2024

- Active range of motion exercise
- Passive range of motion exercise
- Strengthen exercise
- Walking with support
- Balance and coordination exercise

24/02/2024

- Active range of motion exercise
- Passive range of motion exercise
- Strengthen exercise
- Walking with support
- Balance and coordination exercise

27/02/2024

- Active range of motion exercise
- Passive range of motion exercise
- Strengthen exercise
- Walking with support
- Balance and coordination exercise

28/02/2024

- Active range of motion exercise
- Passive range of motion exercise
- Strengthen exercise
- Walking with support
- Balance and coordination exercise

29/02/2024

- Active range of motion exercise
- Passive range of motion exercise
- Strengthen exercise
- Walking with support
- Balance and coordination exercise

01/03/2024

- Active range of motion exercise
- Passive range of motion exercise
- Strengthen exercise
- Walking with support
- Balance and coordination exercise

02/03/2024



- Active range of motion exercise
- Passive range of motion exercise
- Strengthen exercise
- Walking with support
- Balance and coordination exercise

04/03/2024

- Active range of motion exercise
- Passive range of motion exercise
- Strengthen exercise
- Walking with support
- Balance and coordination exercise

05/03/2024

- Active range of motion exercise
- Passive range of motion exercise
- Strengthen exercise
- Walking with support
- Balance and coordination exercise

06/03/2024

- Active range of motion exercise
- Passive range of motion exercise
- Strengthen exercise
- Walking with support
- Balance and coordination exercise

07/03/2024

- Active range of motion exercise
- Passive range of motion exercise
- Strengthen exercise
- Walking without support
- Balance and coordination exercise

08/03/2024

- Active range of motion exercise
- Passive range of motion exercise
- Strengthen exercise
- Walking with support
- Balance and coordination exercise

09/03/2024

- Active range of motion exercise
- Passive range of motion exercise
- Strengthen exercise
- Walking with support



- Balance and coordination exercise

13/03/2024

- Active range of motion exercise
- Passive range of motion exercise
- Strengthen exercise
- Walking without support
- Balance and coordination exercise

14/03/2024

- Active range of motion exercise
- Passive range of motion exercise
- Strengthen exercise
- Walking without support
- Balance and coordination exercise

18/03/2024

- Active range of motion exercise
- Passive range of motion exercise
- Strengthen exercise
- Walking without support
- Balance and coordination exercise

19/03/2024

- Active range of motion exercise
- Passive range of motion exercise
- Strengthen exercise
- Walking without support
- Balance and coordination exercise

22/03/2024

- Active range of motion exercise
- Passive range of motion exercise
- Strengthen exercise
- Walking without support
- Balance and coordination exercise

25/03/2024

- Active range of motion exercise
- Passive range of motion exercise
- Strengthen exercise
- Walking without support
- Balance and coordination exercise

26/03/2024

- Active range of motion exercise
- Passive range of motion exercise



- Strengthen exercise
- Walking without support
- Balance and coordination exercise

27/03/2024

- Active range of motion exercise
- Passive range of motion exercise
- Strengthen exercise
- Walking without support
- Balance and coordination exercise

28/03/2024

- Active range of motion exercise
- Passive range of motion exercise
- Strengthen exercise
- Walking without support
- Balance and coordination exercise

29/03/2024

- Active range of motion exercise
- Passive range of motion exercise
- Strengthen exercise
- Walking without support
- Balance and coordination exercise

2/04/2024

- Active range of motion exercise
- Passive range of motion exercise
- Strengthen exercise
- Walking without support
- Balance and coordination exercise

05/04/2024

- Active range of motion exercise
- Passive range of motion exercise
- Strengthen exercise
- Walking without support
- Balance and coordination exercise