

PHYSICAL THERAPY ASSESSMENT

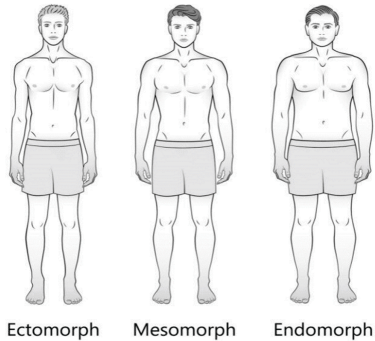
Name: Parimala

Date: 22/02/2024

Age: 74 Y/F

Exerciser/Non exerciser: Non exerciser

On observation:



- Body type : Endomorph
- Posture: Normal
- Joint alignment: Normal
- Limb length: Normal

Chief Complaints :

- Left side hemiparesis,
- Recurrent CVA

Past history:

- Hemiparesis (5 year back)

On assessment :

- Attitude of limb: Normal
- Posture: Normal
- Gait: waddling
- Oedema: no
- Deformity: Normal

ON palpation:

- Warmth: normal
- Tenderness: normal
- swelling: normal

ON EXAMINATION:

MRC GRADE

- **GRADE:4**

Active movement against gravity and resistance

Diagnosis:

- **Recurrent CVA**

Treatment:

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking with support
- Balance and coordination exe's

23/02/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking with support
- Balance and coordination exe's

24/02/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking with support
- Balance and coordination exe's

27/02/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking with support
- Balance and coordination exe's

28/02/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking with support
- Balance and coordination exe's

29/02/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking with support
- Balance and coordination exe's

01/03/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's

- Walking with support
- Balance and coordination exe's

02/03/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking with support
- Balance and coordination exe's

04/03/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking with support
- Balance and coordination exe's

05/03/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking with support
- Balance and coordination exe's

06/03/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking with support
- Balance and coordination exe's

07/03/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking without support
- Balance and coordination exe's

08/03/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking with support
- Balance and coordination exe's

09/03/2024

- Active range of motion exe's

- Passive range of motion exe's
- Strengthen exe's
- Walking with support
- Balance and coordination exe's

13/03/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking without support
- Balance and coordination exe's

14/03/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking without support
- Balance and coordination exe's

18/03/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking without support
- Balance and coordination exe's

19/03/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking without support
- Balance and coordination exe's

22/03/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking without support
- Balance and coordination exe's

25/03/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking without support
- Balance and coordination exe's

26/03/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking without support
- Balance and coordination exe's

27/03/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking without support
- Balance and coordination exe's

28/03/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking without support
- Balance and coordination exe's

29/03/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking without support
- Balance and coordination exe's

2/04/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking without support
- Balance and coordination exe's

05/04/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking without support
- Balance and coordination exe's

10/04/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's



- Walking without support
- Balance and coordination exe's

11/04/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking without support
- Balance and coordination exe's

12/04/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking without support
- Balance and coordination exe's

13/04/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking without support
- Balance and coordination exe's

15/04/2024

- Active range of motion exe's
- Passive range of motion exe's
- Strengthen exe's
- Walking without support
- Balance and coordination exe's