

Socio-Demographic Data

Date: 1/10/2024

Name: Aryan

Age: 9

Sex: Male

Informants: Parents

Complaints & Present Illness:

- Stammering
- Emotional dysregulation
- Fear of failure + giving up sometimes
- Perfectionism
- Poor socialization with peers
- He overly cries when he gets angry + forgets the specific situation

Siblings: None

Social position: Low among peer group

Home atmosphere: Good

Developmental History: Normal

Development milestones: Motor Milestones: Head Control, Turning, Sitting, Standing, Walking: Normal

Speech and language development: Stammering when in social situations

Socialization: Moderate

Self Help: good

Provisional diagnosis: Emotional Dysregulation

Management Plan:

Short-term Goals:

- Improve Emotional Regulation:
- Enhance Social Skills:
- Address Stammering:
- Boost Self-Esteem:

Long-term Goals:

- Sustained Emotional Regulation
- Improved Social Integration
- Fluency in Speech
- Overcome Perfectionism