



Jeeva

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Parameter	Result	Current	Standard Range
Weight	High	69.2 kg	54.35-66.43
BMI	High	25.4	18.5-25.0
Body Fat	Exceeded	41.1%	21.0-31.0
Fat Free Weight	Exceeded	40.76 kg	N/A
Subcutaneous Fat	High	29.3%	18.5-26.7
Body Water	Low	43.2%	45.0-60.0
BMR	Not Standard	1295 kcal	>1310.46
Visceral Fat	High	11.0	<10.0
Skeletal Muscle	Low	32.2%	40.0-50.0
Bone Mass	Standard	2.7kg	2.3-2.7
Protein	Low	11.8%	14.0-16.0
Metabolic Age	Not Standard	34 yrs	<31.0
Left Arm Fat	High	215.72%	80-160
Right Arm Fat	High	213.58%	80-160
Left Leg Fat	High	173.60%	80-160
Right Leg Fat	High	172.82%	80-160
Left Arm Muscle	Low	1.86 kg	N/A
Right Arm Muscle	Standard	1.91 kg	N/A
Left Leg Muscle	Standard	6.47 kg	N/A
Right Leg Muscle	Standard	6.45 kg	N/A
Trunk Fat	High	263.73%	90-110
Trunk Muscle	Low	17.63 kg	N/A
Health Score		59.40	