



COCONUT MILK KHEER

- Calories:211
- Carb:11.8g
- Fat:15.8g
- Protein:5.7g
- Prep time:5 mins
- Cook time:25 mins
- Total time:30 mins
- Serving:4
- Category: Dessert

INGREDIENTS

- 2.5 cups coconut milk
- 1/2 cup almond milk
- 1 tbsp rice
- 1/4 tsp cardamom powder
- 6 pistachios, crushed
- 10 almonds, crushed

DIRECTIONS

- 01** Pour coconut milk in a saucepan and bring to a boil
- 02** Add rice to the saucepan and cook until the rice cooked through for about 8-10 minutes
- 03** Keep stirring, add the remaining ingredients to the saucepan and cook over medium heat.
- 04** Garnish with chopped nuts, enjoy!