



TOMATO LETTUCE SALAD WITH PEANUTS

Calories:63

Carb:7.1g

Fat:3g

Protein:2.8g

Servings:2

Prep time:5 mins

Cook time:0 mins

Category: Salad

INGREDIENTS

- 180g tomatoes
- 1 cup lettuce leaves
- ½ cup green beans
- 1 tbsp chopped peanuts
- 1 tsp tamari
- Salt and pepper to taste

DIRECTIONS

- 1. Slice the tomatoes in lengthwise. Roughly cut the lettuce leaves.*
- 2. Put tomatoes and lettuce in a serving bowl, top with chopped peanuts. Drizzle over tamari.*
- 3. Season with salt and pepper, enjoy!*