



RADISH SALAD

Calories:23

Carb:4.9g

Fat:0.1g

Protein:1g

Servings:3

Prep time:8 mins

Cook time:0 mins

Category: Salad

INGREDIENTS

- 400g red radish
- 1 medium onion
- ½ tsp dried mint
- 2 tbsp parsley
- Black pepper to taste
- 1 tsp lemon juice
- Pink salt to taste

DIRECTIONS

- 1. Cut the beetroots and onion into pieces. Put the beetroots and onion in a bowl.*
- 2. Top with parsley and dried mint. Season with salt and pepper, pour in the lemon juice.*
- 3. Toss to combine well, enjoy!*