



TOMATO SNOW PEA SALAD

Calories:39

Carb:7.5g

Fat:0.4g

Protein:1.5g

Servings:4

Prep time:10 mins

Cook time:0 mins

Category: Salad

INGREDIENTS

- 400g tomatoes
- 80g snow peas
- 30g radish
- 1 medium red onion
- 1 tsp dried mint
- Pinch red chili flakes
- Salt and pepper to taste

DIRECTIONS

- 1. Cut the tomatoes into halves. Cut the onion into rings. Slice the radish into pieces.*
- 2. Put all the sliced salad ingredients in a mixing bowl, sprinkle with chili flakes and mint.*
- 3. Season with salt and pepper, toss to combine well, enjoy!*