



OLIVE CABBAGE SALAD

Calories: 40

Carb: 6.2g

Fat: 1.8g

Protein: 1.6g

Servings: 4

Prep time: 10 mins

Cook time: 0 mins

Category: Salad

INGREDIENTS

- 250g cabbage
- 50g olives
- 1 medium onion
- 1 tsp fresh dill
- 1 tbsp tamari
- ¼ tsp minced ginger
- Salt and pepper to taste

DIRECTIONS

- 1. Roughly chop the cabbage. Slice the onion and olives.*
- 2. Put olives, chop onion and cabbage in a bowl, pour over tamari. Stir in minced ginger.*
- 3. Sprinkle over fresh dill. Season the salad with salt and pepper, toss to combine well.*