



MUSHROOM SPINACH SALAD

Calories:44

Carb:9.2g

Fat:0.3g

Protein:2.6g

Servings:2

Prep time:10 mins

Cook time:0 mins

Category: Salad

INGREDIENTS

- 50g mushrooms
- 100g spinach
- 1 medium tomato
- 1 tsp agave syrup
- 1 tsp lemon juice
- Salt and pepper to taste

DIRECTIONS

- 1. Finely slice the mushrooms and tomatoes. Combine agave syrup, lemon juice, salt and pepper.*
- 2. Pour the dressing over the salad ingredients, toss to combine well, enjoy!*