

Nutritionist's Note:

1. Drink 2-3 liters of water
2. Use cold pressed oil only
3. Avoid/Limit wheat or traces of gluten

Blood group : O+ve

DISCLAIMER:

We at RESET Nutrition, wish to impart our customers with the knowledge of nutrition. We provide our customers with holistic approaches for wellness and better living through a range of biochemical, dietary assessments and recommendations of appropriate supplements. The privacy of the customer is of paramount importance to us and we wish to protect it and maintain your trust while collecting any information.

Utmost care has been taken to study the stated individual ingredients in each supplement and the best possible supplements have been identified for your benefit. However, WE give no guarantee regarding the efficacy of the supplements as they are manufactured by third parties and not under our control.

RESET Nutrition shall not be held liable for adverse effects, if any, from the recommended foods & supplements advised in the Nutrition plan.

