

YDL App Customisation document

Functionalities and design form for nutritionist/dietician

Enter your name *

Niveta bajaj

Enter your brand name *

Dietitian Niveta's Diet Clinic

Enter your mobile number *

+919414989363

Enter your email id *

dietitianniveta@gmail.com

Select your Sales Rep *

Chirag


Functionalities

We have PARQ form in app, do you want to add your own customised form or use our PARQ? *

Use existing PARQ form

I want custom form

If you have your custom form which clients fill on sign up, Please upload it here

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Do you want workout plan feature in app? (By default it is on) *

Yes

No

Do you want to show diet plan analysis to clients? (By default it will be on)

Yes

No

Do you want to show calories/macros break down information to clients in diet plan and recipes?

Yes

No

Should clients be able to add food in the diet plan? For e.g. you have given idli as breakfast and the client had Upma and wants to track it in the app then the client can add this Upma food and track it

- Yes
- No

Do you want to have YDL's food database? (Please note our database has more than 2000 raw and cooked food items)

- Yes
- Yes, I also want to upload/add my food database
- No, I want only my food database in app

If you want to have your own food database, please upload excel file here

Do you want to show our/your recipes in app Home Screen?

- Yes, clients can have free access to all recipes
- Clients should see recipes only if I assign them in diet plan
- I want clients to have free access but do not want to show case or highlight it in homepage, we can simply add it in top buttons

Do you want new users to get almost full access of app when they sign up? (If no, we might have to turn off sign up from iOS app due to apple's policy restriction. Our recommendation is keeping free access as they can only track diet and use fitness tools until you give them a free workout, etc)

Yes

No

What repeating reminders do you want to turn on?

- Weekly check-in reminder on Saturday at 10 pm and on Sunday at 7 am for updating measurements
- Daily Step sync reminder at 10:30 pm
- Daily food log reminder at 11:00 pm
- Daily Water reminder at 3 pm
- Daily Step Reminder at 5 pm

Do you want to add any more repeating reminders? (Please note a maximum of total 10 repeating reminders can be added)

Do you want community feature? (Users can share photos and videos on this community) *

Yes

No

Do you want to auto-publish community posts? (By default, each post goes for review to admin/owner/manager in admin dashboard. If you say yes, posts will be then auto approved by system. You can anyhow change the posts status or remove the Post using admin panel)

Yes

No

Do you want to enable chat feature? [For this, branded nutritionist app is required]

Yes

No

Maybe

Do you want to enable courses (video/ebook) feature? (By default it is off)

Yes

No

Maybe

Do you want to showcase free and paid courses in Home Screen? (Android Only)

Yes

No, just add browse courses button on top

Do you want to enable batches? (Anyone who signs up can join the batch for free. You can disable this feature on app and keep it open at admin panel and assign a batch to client from their when adding their subscription) - Applicable only if you are providing workout sessions

- Yes
- No

Do you want to enable classes feature? (Classes are similar to batches the main difference being if free/new users want to join a class, they will have to pay for it. You can charge clients for single class session) - Applicable only if you are providing workout sessions

- Yes
- No
- Maybe

Design

Please select Quick actions buttons *

- Diet Plan
- Weekly Diet Analysis
- Workout Plan
- Workout Analysis
- Log your weight
- Measurements
- Fitness Tools
- My Subscriptions (Only on Android)

Do you want to customise quick actions?

- Yes (you can mail us quick action icons in size 111x111)
- No, I like the regular icons
- Yes, but will need YDL Design help for the customised quick action icons

What action buttons you want to keep it on top?

- Browse plans
- About Us
- Contact us (Can be linked to your whatsapp)
- Track your workout
- Track your diet
- Recipes
- Get a free trial (You will get a request notification on admin panel once users click on it)
- Browse our nutritionists (If you have a team of nutritionists)
- Transformations
- Visit our website
- Browse classes

If you want to add any other action buttons on top, please specify

Do you want to add any promotional banners in app?

- Yes (Please send us banner image in size of 750x360, our team will add it initially)
- No
- Yes, will require help from YDL Design team

Do you want to opt for YDL Design package to help you with banners and other designing in app?

- Yes (We charge a one time nominal fee of Rs. 2,999, the team will take care of initial app set up)
- No

Anything you would to mention or have in the app, please mention it here

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