

TCID : TC113491
Regd. No. : AAIY-1457
Certification Registration No. : DADN108-962



Dr. Satnam's

Arogyam Institute



An ISO 9001:2015 Certified Institute

(Internationally Recognized)

YTA (HSSQ 4001) is Accredited with

Skill India under N.S.D.C & Ministry of Skill Development & Entrepreneurship**

Diploma Certificate



Nidhi Singh

has Successfully Completed Online **Diploma**
in Ayurvedic Diet & Nutrition

17/11/2023

Date of Issue

Arogyam Institute Skilled Course
For Yoga and Panchkarma

Prop.

Satnam Singh

Dr. Satnam Singh
Course Director

*The Subjects of study includes- Ayurvedic Nutrition & Ahara according to the body types, Ayurvedic Lifestyle, Basic of Modern & Therapeutic nutrition which included diet planning for various ailments like Obesity, Hormonal Disorders, Gut Nutrition, Cardiovascular Nutrition, Nutrition in Kidney Diseases, Various Diets for Fat Loss & the latest Diet Trends.

**Accredited with Skill India Under N.S.D.C & Ministry of Skill Development & Entrepreneurship pertain to Institute offering various course(s), details whereof is available on the website www.arogyaminstitute.com

Visit website to know about various accreditations, course and other information.



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Please answer the following questions to complete the learning reflection tool.

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